



RALPHIE'S REVIEW

THE COMPLIANCE NEWSLETTER FOR COLORADO ATHLETICS STAFF

OCTOBER 2008

WHAT IS A "REDSHIRT?"

Much is made about the "redshirt" in NCAA Athletics. Simply put, a redshirt is not competing in a season of competition. There are multiple reasons why a student-athlete may sit out. Maybe the student-athlete is a freshman and needs more time to adjust to all that college has to offer. Perhaps he/she was injured during the pre-season and will be unable to compete in the coming year. In fact, that is a main reason the NCAA gives you "5 years to play 4"...in case of injury. Either way, the redshirt year is looked at as a year to use if you need it for whatever reason.

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SPORTS WAGERING REMINDER

Who is going to win the World Series? The Red Sox? The Angels? The Dodgers? The upstart Rays from Tampa? Whoever comes away the winner of the Fall Classic, you are not able to wager money or anything of value on Major League Baseball. Even though CU doesn't have baseball, it is still an NCAA sport.

IN THE NEWS

After a recent non-conference road loss, a head football coach reportedly had his team run sprints when the team arrived back on campus in the middle of the night. Apparently, the team ran 38 50-yard wind sprints at about 3 a.m. According to the journalist who broke the story, "They also quite clearly were instructed not to talk about it." Conditioning activities like this are very dicey. Since the conditioning session was held at 3 a.m. the next day, it *technically* did not violate the rule about post-game practice. HOWEVER, it would have to count in the 20 hour per week of C.A.R.A. for your student-athletes. That would mean less time for practice, weight-lifting, etc. BE CAREFUL if you use a practice like this!

PROTECT

YOUR  TEAM

WHAT IS A "GRAYSHIRT?"

A term that is used in college athletics, but rarely talked about, is the term "grayshirt." It is a term you will not find in the NCAA manual, either. It is more common in fall sports. If a student-athlete were to grayshirt, he/she would be delaying their enrollment to save a year of eligibility. If your sport program signed a PSA in the upcoming recruiting class of 2009 who wanted to grayshirt, the student-athlete would not enroll full-time at CU in the fall of 2009. The student-athlete would enroll in the SPRING of 2010, and still have a full clock of eligibility. We still issue these prospects an NLI. However, the NLI only remains valid if the signee VOLUNTARILY chooses to delay their enrollment. If WE tell the prospect to delay enrollment, the NLI becomes null and void which would allow the prospect to be recruited by other schools. We would then be subject to recruiting rules (e.g. one phone call per week) and it would also allow them to sign elsewhere the following signing period.

RECRUITING CALENDAR

Sport	Period Type	Dates
CC/T&F	Contact	10/1-10/31
Football	Evaluation	10/1-10/31
Men's BB	Contact	10/1-10/5
	Quiet	10/6-10/31
Women's BB	Contact	10/1-10/6
	Quiet	10/7-10/31
Volleyball	Contact	10/1-10/31
All Other Sports	Contact	10/1-10/31

COMPLIANCE UNSUNG HERO



NEIL HERREID
DATABASE SYSTEMS MANAGER
CU TICKET OFFICE

Neil is very helpful to the Compliance office through his work with the Ticket Office. In particular, Neil manages the pass gate at Gate 14 during football games. At Gate 14, Neil oversees the distribution of complimentary admissions to CU football player guests, high school coaches, and recruits who are visiting CU officially and unofficially. Thanks for all your help Neil!

CAMP ADVERTISEMENT

According to an NCAA interpretation dated September 3, 2008, CU and other NCAA institutions will no longer be able to hold camps where participants should possess a certain level of experience, skill or ability to attend the camp or clinic. That means camps that contain words such as "elite," "all-star," "varsity," or "blue-chip" are a thing of the past. Camps must more closely follow the mandate of "open to any and all, limited only by age, grade, number of participants, and gender."